

# VORTEX VX-3 FLUID ROWER

## SEAMLESS INTEGRATION OF FORM AND FUNCTION

The prestigious Vortex VX-3 Fluid Rower adds presence and impact to any facility. The only commercial Rowing Ergometer that matches the world's leading brands of fitness equipment, to enhance the look of cardio areas rather than detracting from the aesthetics.

Our unique tripod frame design, with exceptional engineering and build quality, delivers the strongest platform available for the club environment. The shorter length, higher seat height and absolute craftsmanship of this model make it the perfect rowing ergometer for inclusion in the cardio-vascular area of exclusive fitness facilities.

**Adjustable resistance** at the turn of a lever, easily accessible while seated, keeps users challenged, motivated and engaged. Our patented twin tank system delivers a massive range of resistance to suit every rower, from deconditioned seniors to professional athletes and oarsmen. **Instantly adaptable** to each individual, it encourages progression as fitness levels and abilities improve. You never outgrow a Fluid Rower!



Excite and delight your members with our flagship Vortex VX-3. Experience the natural catch and consistent resistance throughout the full length of the stroke, to deliver better exercise results with less chance of injury. Virtually maintenance free and engineered for the toughest commercial environments, this exceptional machine will safely engage you in one of the most effective forms of exercise available.

Vortex Series Rowing Ergometers. When you want the best.



# VORTEX VX-3 FLUID ROWER

## FEATURES AND BENEFITS

- **Variable Fluid Resistance** with 20 levels. Instantly adapts for progressive training, interval training or multiple user requirements.
- **No dead spots!** Patented twin tank design with stainless steel flywheel / impeller delivers perfect catch and consistent resistance throughout the entire stroke.
- **Best emulation of actual rowing** with the sensory stimulation of the sight, sound and feel of being on the water.
- Interactive Performance Monitor (IPM) with USB port - displays: time, speed, distance, stroke rate, calories, watts, level, pacer and heart rate. The IPM gives you Quick Start, manual programs, interval training, 6 previous workout memory and a unique pacer system.
- USB connectivity to WebRanking, Fluid-Coach, WebRacing and more.
- Smooth action seat that shapes to the user, with textured finish to prevent slip. Exceptional comfort assured. Optional back support available.
- Deluxe Ergonomic handle allows comfortable grip and minimized strain on forearms, wrists and hands.
- Easily adjusted footplates with secure heel capture and angled surface under ball of feet to assist leg drive.
- Durable belt drive – smooth, clean, quiet and maintenance free.
- Exceptional quality, precision welded frame with flawless metal flake coating and deep lacquer finish.
- Active recoil system to facilitate rapid stroke rate via extended bungee length and precision (German INA) dual one-way bearings.
- Dual seat rails in anodized aluminum with low friction seat rollers, concealed for a cleaner, smoother and safer ride.
- Rigid frame construction provides unmatched platform stability.
- Rubber cupped feet for adhesion to smooth floors and prevention of damage.
- Quality transport wheels for ease of movement. Stands for compact storage.
- Maximum user weight: 150kg (330lbs). Length: 193cm (75.98”), width: 80cm (31.49”).
- International full commercial warranty: 10 years on frame, 3 years on tank & seals, 2 years monitor and wear items.

