



VIKING PRO XL

COMMERCIAL FLUID ROWER

Fit for a King - the ultimate performer

The Viking Pro XL is a performance heavyweight in the commercial rowing market. Defined by its huge resistance range contained in an extra large patented twin tank design, this indoor rower will excel under extreme power - bringing a resistance challenge to even the fittest individual.

Constructed from American Ash, it has a subtle yet noble visual impact, with all the intelligent features to make it a high demand machine in any member facility.

Bringing 50% greater water rowing resistance than the Plus tank over ten refined levels of adjustment, the Viking Pro XL delivers a true to life stroke with the sensory satisfaction of rowing on water.

Water rowing redefined - packed full of features

This indoor water rowing machine won't be beaten when it comes to advanced features. Complete with the latest FDF rowing innovations including Bluetooth auto-adjust technology that instinctively correlates chosen tank resistance with the console display and compatible with optional Heart Rate Handle add on for wireless beats per minute readings.

The Viking Pro XL can be used with FDF's social app FluidRower, for recording, monitoring and challenging personal bests.

For such an over performer, this machine boasts a compact footprint and can be stored on end with ease. It's also compatible with FDF's optional Seat Back Kit for extra lumbar support, and the Elevate Kit for heightened on-off access.



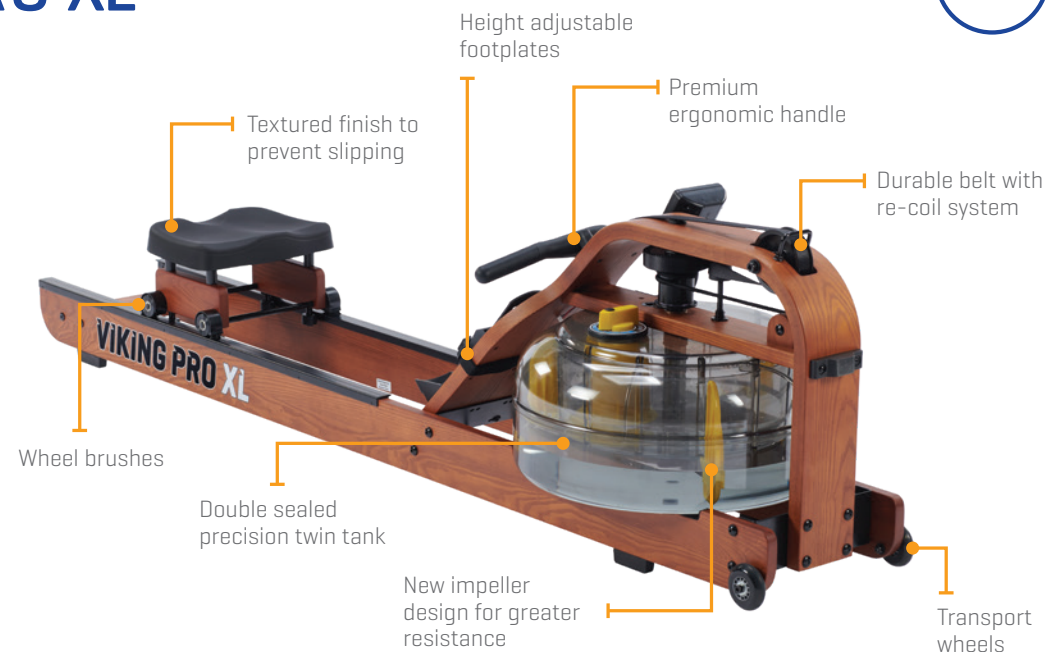
BROWSE THE RANGE [FIRSTDEGREEFITNESS.COM](https://www.firstdegreefitness.com)

PRODUCT HIGHLIGHTS

VIKING PRO XL



- + Commercial-grade build with 5 year warranty
- + Huge 10XL water resistance tank, delivers over 50% greater resistance than Plus range models
- + Bluetooth auto-adjust monitor (BAM) with smart phone compatibility
- + Complete with premium ergonomic handle or upgrade to Heart Rate Handle for wireless readings straight to the console
- + Seat rail brushes wipe away grit with each glide, extending life of product
- + Compatible with Elevate Kit for heightened on-off rower access
- + Compatible with Seat Back Kit for correct posture and optimal back support
- + Compact footprint and vertical storage option – 2130 x 540mm (83.86 x 21.65”), or upright 540 x 560mm (21.65 x 22.05”)
- + Max user weight – 150kg (330lbs)



WHEN
BIGGER IS
BETTER!



ABOUT FIRST DEGREE FITNESS

Fitness products made by FDF are inspired by real life. From rowing a boat on water to running or cycling your favourite track, our designs are engineered to simulate exercise you're passionate about.

FDF Fluid Force, a unique water resistance technology, underpins our diverse range of full body fitness solutions. With Fluid Force you can row harder, train smarter and build strength faster.

Distributed in every continent across the globe, our FluidRower, FluidPowerZone and ergometer ranges are loved by athletes, sports trainers, medical professionals and health conscious individuals. We're passionate about our brand and we stand behind the craftsmanship of every fitness machine we make.



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PRODUCT SUPPORT VISIT
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